

# FIRST 24 HOURS AFTER A FOSTER PLACEMENT

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A simple checklist to help foster parents  
navigate the first day



# First 24 Hours

## AFTER A FOSTER PLACEMENT

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A simple checklist to help foster parents navigate the first day

### Immediate Needs

- Offer food and water
- Show the child where the bathroom is
- Provide clean clothes or pajamas
- Prepare a comfortable sleeping space

### Information to Gather

- Allergies
- Medications
- Medical conditions
- School information
- Caseworker contact information

### Important Documents

- Placement paperwork received
- Insurance or Medicaid information
- Next court date

### Emotional Support

- Offer a comfort item
- Keep expectations low
- Provide a calm space if needed

# Child Placement Information

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## Child Name

Child Name: \_\_\_\_\_

Nickname: \_\_\_\_\_

Date of Birth: \_\_\_\_\_

Placement Date: \_\_\_\_\_

## Caseworker Details

Caseworker Name: \_\_\_\_\_

Caseworker Phone: \_\_\_\_\_

Agency: \_\_\_\_\_

## Medical Provider

Medical Provider \_\_\_\_\_

Dentist \_\_\_\_\_

## School Information

School: \_\_\_\_\_

Teacher: \_\_\_\_\_

## Known Triggers

Food preferences

Comfort Items

## Food Preferences

## Comfort Items



# First Night Notes

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Things the child shared about themselves

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Questions to ask the caseworker later

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Things that seemed to comfort the child

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Important details to remember

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